# ANERLEY CENTRE ECHO





### The Newsletter of

# **ANERLEY METHODIST CHURCH**

Oakfield Road

Anerley

London SE20 8QA

USEFUL CONTACTS (as at 01.0923) All prefix 020 (not mobile nos)		
Church (Minister is not available on this number) 8289 6771		
Minister	Rev. William Davis	8653 4902
Church Council Secretaries	Marian Young Julie Taylor	8402 6618 8778 5881
Treasurer	Sylvester Oppong	07900193 953
Property Steward	David Hynes	8289 3524
Property Bookings	David Hynes	8289 3524
Baptismal/Cradle Roll	Sandra Hynes	8289 3524
Junior Church Contact	Sandra Hynes	8289 3524
Christian Action Group Va	lerie & Andrew Tredinnick	8658 2347
Wednesday Club	Marian Young	8402 6618
Church Library	Valerie Tredinnick	8658 2347
Missions Treasurer	Sandra Hynes	8289 3524
Junior Missionary Association Dinah Anaman		7274 6294
Action for Children	Valerie Tredinnick	8658 2347
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### ALL CONTRIBUTIONS FOR THE NEXT MAGAZINE SHOULD BE GIVEN TO MARIAN YOUNG BY <u>SUNDAY 10TH MARCH</u> 2024

Church website: www.anerleymethodist.org

### February/March 2024

### Volume 55 Number 5

#### FROM THE MINISTER

Friends, 2024 is here with us and as one Bible teacher wrote; 'the pressures of our times have many of us caught in a web of the most acceptable, yet energy draining sin in the Christian family: WORRY. Friends, chances are good you woke up this morning, stepped out of bed, and before doing anything, strapped on your well – worn backpack of anxiety.

You started the day not with a prayer on your mind, but loaded down by worry. What a dreadful habit! Jesus challenged His followers with the question, 'Who of you by being worried can add a single hour to his life?'(Matthew 6:27). Friends, worry solves nothing. It creates unrest and uneasiness, and if left unchecked it can churn our waves of anxiety into a perfect storm of emotions. Add a little imagination and creativity, and our worst fears come to life in technicolor brilliance. The stress from worry drains our energy and preoccupies our minds, stripping us of our peace. We fret over big things and little things. Some of us have a laundry list of concerns that feed our addiction to worry. It's a very unattractive addiction, yet we somehow manage to make a joke out of it.

Anxiety has become a favourite pastime we love to hate. And worse, we are passing it on to our children. As they see the worry on our faces and hear it from our lips, we are mentoring them in the art of anxiety. So, what's the answer for us to be able to live a spirit – filled life in 2024 – 'Don't worry about anything, but pray about everything'

Wishing you a peaceful and successful 2024 in Christ.

Rev. William Davis

### **ROUND THE FAMILY**

Readers will be sorry to learn that Keith Sherlock died on Christmas Eve. For some years Keith had been the Chairman of the 3<sup>rd</sup> Penge & Beckenham North Scout Group when it met at the church. His funeral will be on 2<sup>nd</sup> February in Peaslake (near Dorking) where his family come from. Please remember Jill, (his wife) and Anthony (their son) and the family in your prayers.

Our services over the Christmas period were very enjoyable and fairly well attended, Our Gift Service was led by the Junior Church staff and children, and was very happy occasion, and the church family were generous in giving gifts of craft materials for Demelza Children's Hospice. The Christmas Eve morning service was led by Valerie Tredinnick, as a Christingle and Café Service, and we had great fun making our Christingles.

Our combined Carol Service took place at Upper Norwood Methodist Church and was led by William and followed the tradition of 9 readings and carols. There was the usual Christmas Eve Communion this year and the Christmas Day service was well-attended, and several Christmas presents were shown to the congregation!

The Church received Christmas and New Year greetings from the Rev. Graham Cocking, Brenda Maskell, MacPhene Pluck, and Matthew, Kimberley and baby Julius Dixon, Grandma Kim and cousin Karah.

Everyone involved in producing the magazine sends you (very belated!) best wishes for the New Year!

Marian

### Andrew's Railway Journeys

### 10. A disturbed night's sleep

I've travelled by sleeper to and from Scotland several times. Returning from walking the Great Glen Way in 2003, we were booked on the Sleeper service from Inverness which left early in the evening and was expected to arrive at Euston station about 7am the following morning.

Somewhere between Carlisle and Lancaster there was a tremendous bang followed by scraping noises along the side of the sleeping car, accompanied by the sound of breaking glass. The train came to a halt. The steward could be heard calling out, *"Don't leave your cabins – the overhead wires are down and there is glass everywhere".* The window to our cabin wasn't affected so we let the blinds up. It was pitch dark outside and no lights could be seen. I think it was somewhere between 2 and 3am and we were stuck in the middle of nowhere.

It appears that besides us losing the power supply, the overhead cables had whipped the carriage side and had smashed many windows. The steward returned to tell us that a relief diesel locomotive would be sent to rescue us. In the meantime our train completely blocked the West Coast main line. It was some hours before the rescue engine arrived which then towed us slowly through Lancaster and on to Preston where the train was taken out of service. By now it was 7am – the time we had been scheduled to get to London.

Standing at the adjacent platform was a Virgin train bound for Euston. One my colleagues, Peter, said, *"That's for us!"* and we followed him into some spare seats in the First Class sec-

tion. There we were served coffee and had free newspapers. I quite expected us to be asked to move to Standard accommodation when the ticket inspector came round, but to my surprise he accepted our tickets without question. We were some 5 hours late getting home.

Because of the remoteness of the spot where the train had failed I couldn't get a mobile signal to ring home until we reached Preston. When I did get through to Valerie she said she already knew of our plight as the incident had been reported on the 7am news bulletin.

My other colleague, Dave, had booked the rail tickets and successfully obtained a complete refund of the fare for our journey home.

AT.



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## Blackheath & Crystal Palace Circuit

Mission in Britain Fund Raiser

# Come and enjoy



# TEA AND TOAST

Relax to the music of

Martin on the Piano & Palm Court Style Trio

On Sat. 24<sup>th</sup> February

2pm-4pm

At BURNT ASH METHODIST CHUR CH

Donations to the Mission in Britain Fund will be welcome.

No tickets necessary—come along and enjoy!

#### **INTROIT**

The introit or the next 4 months (starting on Sunday 4th February) will be as follows:-

To be in Your presence To sit at Your feet, Where Your love surrounds me, And makes me complete.

This is my desire, O Lord, This is my desire. This is my desire, O Lord, This is my desire.

To rest in Your presence, Not rushing away; To cherish each moment, Here I would stay.

This is my desire, O Lord, This is my desire. This is my desire, O Lord, This is my desire.

Noël Richards © 1991Thank You Music Singing the Faith no. 530

CCL no. 221943

Wool & Shoe Boxes



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Do you have any balls of double knitting wool hiding away not being used? If you do Gill is in need of some for crocheting her beautiful and colourful squares.

Valerie would also like any 'empty' shoe boxes you may have, to send the squares to Chile where they are made up into blankets for those in need.

Valerie will be very pleased to receive both wool and boxes.

Thank you.

DAFFODILS '2024' (with apologies to William Wordsworth)

I wandered alone as the poet suggested, Abandoned the city so dull and congested, Directed my steps to the fields and the hills To gaze once again at the fair daffodils.

The stream murmured by with its burden of shame, Crisp bags and bottles - the banks were the same. I skirted around someone's luncheon remains And ploughed through the mess in the once lovely lanes.

So skirting the cans and the half-eaten bun, I hastened my steps to the blooms in the sun. Though modern-day man has produced many ills, They'll soon fade away with the spring daffodils.

What's this I behold? Not my fair daffodils, But lorries and cranes and some fast-working drills. Does nothing remain but a sweet memory?

As they tear down the woodland and copse tree by tree?

'But we have to live somewhere,' one hard-hat explains As he breaks through the buds to dig out the drains. Apartments and houses more vital by far And don't let's forget a good place for the car. So I turned back for home, but before it went dark, I'd comfort myself with a trip to the park. And there I beheld them, row upon row, Dancing and prancing in one golden glow.

No need to go roaming for spring's own display, They're there and they're waiting for you every day. So if you are downcast and life's short on laughs, Just hop on the bus and go visit the daffs. *Mrs E. Burrows, Liverpool.* 

(Thanks to Dave Hynes for providing this)

### LIVING WELL

Living Well Bromley is our local food bank, based at Holy Trinity Church, Lennard Road. They are always looking for donations of food, and their most needed items are tins of meat, fish, vegetables, tomatoes, soup and pulses, also rice, pasta, biscuits, cereal, UHT milk, shower gel and shampoo, and toilet roll. We now have a box at the back of our church where you can place any donations you have for them. Perhaps you can add one extra item to your weekly shop, to add to our donations box - it soon mounts up!

Living Well provide several free services. Their food bank is open on Tuesdays 3-4pm, Fridays 1-2.30 pm and Saturdays 10.30 – 12.00 noon. Everyone is welcome and no referral or voucher is needed. There are also free hot drinks and snacks for food bank guests, open during food bank sessions.

In addition there is a free hot lunch for anyone who would like one, on Fridays from 1-2.30pm

Benefits, housing and other advice is available by phoning 07933 934631 or email advice@livingwell.life.

There are some leaflets at the back of the church which give details of the services provided by Living Well, and If you know anyone who you think would benefit from using Living Well's services, please take a leaflet to pass on to them.

If you want to know more about Living Well, to find out about volunteering with them or for making a monetary donation, please visit their website: www.livingwell.life.

You can also support them by visiting their charity shop on Penge High Street (almost opposite McDonald's).

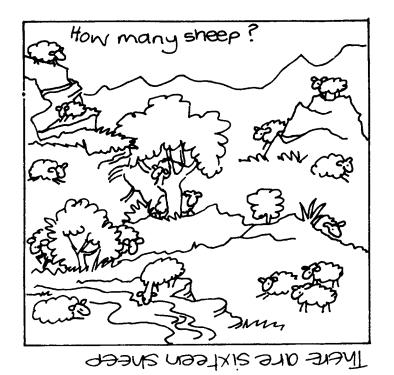
### WORLD DAY OF PRAYER

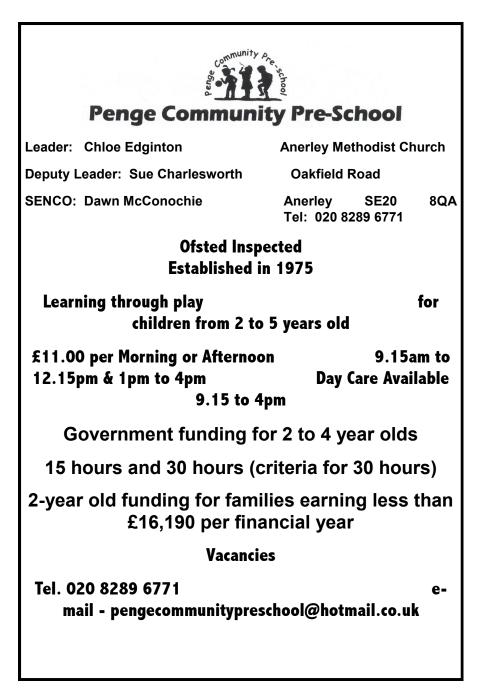
A World Day of Prayer service will be held on Friday 1st March 2023 at 7.30pm at our Church. The service has been prepared by an ecumenical group of Christian women from Palestine and the theme is "I beg you, bear with one another in faith".

Please come along and join in this service of praise and prayer. All are welcome.

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### FOR OUR YOUNGER READERS







#### **REGULAR CHURCH USERS**

Campbell School of Dance Friday 4pm—7pm	Tel. 020 8777 7529	
Harlequins Theatre School Monday 4pm— 6.30pm Tel. 07773 066 645		
Hill Dance Academy by appointment	Tel: 07772 199 103	
Penge Community Pre-SchoolTel. 020 8289 6771Monday to Friday 9.15am to 4pm		
Salvation & Deliverance Ministry Sunday 2pm to 5.30pm;	Tel. 020 8683 3094	
<b>Tai Chi -</b> Thursday 8pm - 10pm	Tel. 01424 420 050	

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#### UNITY OF SELF COUNSELLING SERVICE

Are you depressed, confused or just would like someone to talk to? I am a qualified counsellor and supervisor offering a confidential service to adults, children and families. CALL ME TO MAKE AN APPOINTMENT ON 020 8244 0512 or 07956 351 511 Email:wendy.blenman@ntlworld.com

WENDY BLENMAN (Dip. Couns., MSc in therapeutic counselling)

### DATES FOR YOUR DIARY

### FEBRUARY

Wed 7 <sup>th</sup>	Wednesday Club 8pm Games Evening
Wed 14th	Wednesday Club 8pm UNO
Mon 19th	Christian Action Group 8pm in the Side Hall, Speaker: Chris Watkins
Tue 20th	Church Council Meeting 7.30pm in the Church
Wed 21st	Wednesday Club. 8pm Programme Planning and Andrew's slides
Sat 24th	Mission in Britain "Tea and Toast" Fundraiser 10am- 12 noon at Burnt Ash Methodist Church
Sun 25th	All Age Worship 11am led by Rev. Craig Gaffney
Wed 28th	Wednesday Club 8pm Easter/Birthday card making
Thur 29th	Circuit Meeting 7.30pm at Lewisham Methodist Church
MARCH	
Fri 1st	World Day of Prayer 7.30pm at Anerley Methodist Church
Wed 6 <sup>th</sup>	Wednesday Club 8pm
Sun 10th	Mothering Sunday All Age Worship, 11am
Sun 10 <sup>th</sup>	MAGAZINE ITEMS TO BE GIVEN TO MARIAN!
Wed 13 <sup>th</sup>	Wednesday Club 8pm
Mon 18th	Christian Action Group 8pm in the Side Hall. Speaker: Rev. Richard Grocott
Wed 20th	Wednesday Club 8pm
Sun 24th	Palm Sunday
Wed 27th	Wednesday Club 8pm
Thur 28th	Maundy Thursday
Fri 29th	Good Friday

- Sun 31st Easter Sunday
- Morning services are held every Sunday at 11am. Holy Communion is usually celebrated on the 3rd Sunday of the month. In February this will be on the 18th.

There are no evening services at present.

The Prayer Meeting is not meeting in person at present, but is meeting via email. For more details contact Margaret Boreham - mboreham5@gmail.com