

# ANERLEY CENTRE ECHO



## SUMMER 2020

**The Newsletter of**  
**ANERLEY METHODIST CHURCH**

Oakfield Road  
Anerley  
London SE20 8QA

USEFUL CHURCH CONTACTS (as at 01.03.20) All prefix 020

Church (Minister is not available on this number)		8289 6771
Minister	Rev. Abe Konadu-Yiadom	8653 4902
Church Council Secretaries	Marian Young Julie Taylor	8402 6618 8778 5881
Treasurer	Andrew Tredinnick	8658 2347
Property Steward	David Hynes	8289 3524
Property Bookings	David Hynes	8289 3524
Baptismal/Cradle Roll	Sandra Hynes	8289 3524
Junior Church Secretary	Janice Friend	8659 2905
Christian Action Group	Valerie & Andrew Tredinnick	8658 2347
Wednesday Club	Marian Young	8402 6618
Church Library	Valerie Tredinnick	8658 2347
Missions Secretary	Sandra Hynes	8289 3524
Junior Missionary Association	Dinah Anaman	7274 6294
NCH Action for Children	Valerie Tredinnick	8658 2347
Christian Aid	Julie Taylor	8778 5881
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E-mail [m.young23@ntlworld.com](mailto:m.young23@ntlworld.com)**ALL CONTRIBUTIONS FOR THE NEXT MAGAZINE SHOULD  
BE GIVEN TO MARIAN YOUNG BY SUNDAY 5TH JULY 2020**Church website: [www.anerleymethodist.org](http://www.anerleymethodist.org)

**JUNE/JULY 2020**

**Volume 52 Number 1**

**FROM THE MINISTER**

Friends, as usual, I hope that this will find you well.

My letter is drawn from my daily prayers (22.05.2020) from the Pray as You Go. It began with the singing of Bach's Cantata number 82 'Ich Habe Genug, 'I have enough', echoing the words of Simeon: I have taken the Saviour, the hope of the Gentiles, into my arms (Luke 2:25–35). People from around the world describe how Bach's cantata, about the elderly Simeon holding the baby Jesus in his arms, helped them to deal with difficult moments in their lives, writes the BBC (<https://www.bbc.co.uk/programmes/b09l07ly>).

The prayer commentary states that often when we pray, we ask God for things we want, or need, and there's nothing wrong with that. After all, many of us prayed, and continually do so, fervently, for what we need, including toilets rolls, eggs and flour, even when Supermarkets have worked hard to ensure that all essentials are now available!

But sometimes prayer is not about asking for things, it says. Sometimes prayer is more like this; just enjoying God's presence and saying, 'I have you, Lord. I have

enough.’ How many of us are able to spend time of prayer, during these difficult times just relishing the presence of God?

*The Gospel of John writes “ Very truly, I tell you, you will weep and mourn, but the world will rejoice; you will have pain, but your pain will turn into joy. When a woman is in labour, she has pain, because her hour has come. But when her child is born, she no longer remembers the anguish because of the joy of having brought a human being into the world. So, you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you. On that day you will ask nothing of me. Very truly, I tell you, if you ask anything of the Father in my name, he will give it to you. (John 16:20-23)*

We have indeed borne the labour pains of COVID-19, certainly akin to the first trimester of pregnancy if you’re anything like me or the Duchess of Cambridge, Kate! Jesus is speaking to his disciples of pain and joy at the Last Supper, and is here, referring to his coming death and the grief they will experience because of it. But the Gospel writer is also referring to the risen life of Jesus, where we can no longer see him in the flesh, but we feel his presence all around us. Jesus speaks of a day; of a joy that we can never lose. This is part of the gift of the risen life as we remain in Easter and heading towards the future.

The nation is preparing for a 'so-called easing of the lock-down' and the cautious re-opening of our Church buildings. I wonder if you have a sense of that joy that Jesus is promising, or confident about the future, and if not, is there something that preventing you from feeling this joy Jesus is promising? And as we move towards what is rapidly becoming a 'new normal', can you, or will you be able to confidently proclaim, 'God I have you, Lord. I have enough' in the days ahead?

Jesus promises that anything we ask the Father in His name will be given to us. What do you want to ask for in the days ahead?

**'I have taken the Saviour, the hope of the Gentiles, into my arms'. I pray every blessing on you at this time and for the future to come. Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.**

**Stay well and stay safe.  
Abe, your minister.**

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**Please note** that as all Church and Circuit activities are suspended at the moment, there is no Dates for your Diary accompanying this edition of the magazine.

## ROUND THE FAMILY

Please remember Andrew Tredinnick, making slow progress in hospital, and Valerie Tredinnick, recovering from her hip operation; they thank everyone for their cards, thoughts and prayers.

Please remember everyone in our church community affected by the corona virus: all those working from home, those who are returning to work, and all those who are key workers who have been working throughout the crisis; young people trying to cope with uncertainties about schooling or exams, their parents trying to help with home schooling, also anyone who has been ill with the virus, that they will have a speedy recovery.

Marian



# From the Editor

With this edition the magazine commences its 52nd year of production—I can't believe we have been going so long! When Mike started the magazine in 1968 it consisted of two double-sided foolscap sheets duplicated on a temperamental Gestetner machine that lived in our bedroom! It is now prepared on a computer and, as well as printed copies, it is sent far and wide by internet - something never dreamed of in those far off times!

Mike started the magazine as a way of keeping everyone in the church family in touch with what was happening in the Church, and I am sure that he never envisaged it still going strong over 50 years later. Over the years we have had record reviews, motoring advice, various recipes, series on the Crystal Palace, several series of articles by "Tred" (Andrew Tredinnick's father), more recently a series on Church music, and articles about Methodism. We have marked births, marriages and deaths, changes of Minister and a change of Circuit!

I have been the editor for the past 28 years, but production of the magazine is a team effort. At the moment the magazine is being distributed electronically and I would like to thank Dave Hynes, who maintains the mailing list and sends out the email version. In normal times Valerie and Andrew Tredinnick collate and staple the magazine, and the Pastoral Leaders help to distribute the magazines, so I would also like to thank them for their help..

I am also very appreciative of everyone who gives me articles, news and suggestions for things to include. If anyone has any news or an idea for an article, or even feels moved to write the occasional article themselves, please have a word with me or contact me - my details are inside the front cover. Marian

**COVID-19 ACROSTICS**

These acrostics were written by Julie Taylor and Anita Yusuf, to say a bit about what lockdown means to them.

This is how my life has changed during lockdown

Long walks around the garden for my daily exercise

On line worship services, Bible studies and reflections

Clap for NHS and key workers on Thursday evenings

Keeping in touch with friends and family on FaceTime,  
WhatsApp and telephone

Deliveries to my doorstep from the supermarket

On line quizzes with my family on Zoom

Working from home - no commuting

Neighbours looking out for one another

Julie





Lockdown is a scary word for many of us.  
 It stirs up all sorts of feelings of loneliness, despair  
 even thoughts of what if...  
 Knowing the sole reason is to keep everyone safe and  
 well in this pandemic.

Some thoughts

Look, listen for the new dawn,  
**O**ne bird song then a chorus from the early risers .  
**C**reate a space in your day for God time, reading, listen-  
 ing to music, singing to engage your spirit.  
**K**ee a journal of your day or 3 days it will surprise you  
 how much you have achieved.  
**D**ream of Life after lockdown,  
**O**nly you can do it, plan ahead.  
**W**hatever lockdown you have experienced  
**N**ever forget that God is holding your hand in this tunnel,  
 in which we are all travelling .

Trust in his promises.' I will never leave you, I will never  
 forsake you.'

Hebrews 5b-6

Anita



### **A Light at the end of the Covid -19 Tunnel**

I have based my view on an item I heard from the This Morning Team.

We are in a situation that we can do nothing about - let us try and accept it, although I understand this is quite difficult to do. Here are my thoughts to help us on this journey.....

Resist trying to plan too much for each day - If you complete one task congratulate yourself on a job well done

Try not to become annoyed or angry about the way things are - anxiety can get you down. Try and make the best of whatever situation you are in - "It is what it is" - things will get easier in time

Avoid watching or listening or reading too much media stuff - it will drive you crazy!

Look at the positives we have - there has been a sense of community in our streets and the nation as a whole. People looking out for each other and giving a helping hand where needed

We can choose who we want to connect with by telephone, text or video calls - our relationships may have even been improved.

Take up a new skill - try something new or do something you always wanted to do

We should appreciate this time of enforced lockdown. Ask yourself when will we ever get this time again? You may even miss it when things get back to a "new normal"

Appreciate the things around you - flowers in bloom, sunshine streaming through the windows, birds singing and our families

Last but not least look after yourself and stay well - There is a light at the end of your tunnel.

Audrey Bobb

## A FRANCISCAN BENEDICTION

May God bless you with discomfort  
At easy answers, half truths and superficial relationships  
So that you may live deep within your heart.

May God bless you with anger  
At injustice, oppression, and exploitation of people,  
So that you may work for justice, freedom and peace.

May God bless you with tears  
To shed for those who suffer pain, rejection, hunger and war,  
So that you may reach out your hand to comfort them and  
To turn their pain to joy.

And may God bless you with enough foolishness  
To believe that you can make a difference in the world,  
So that you can do what others claim cannot be done,  
To bring justice and kindness to all our children and the poor

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## **COOKERY CORNER**

### **LIME AND ORANGE MOUSSE**

#### Ingredients

1 packet lime jelly

¼ pint boiling water

Can of mandarin oranges

1 small can (6oz) evaporated milk, chilled

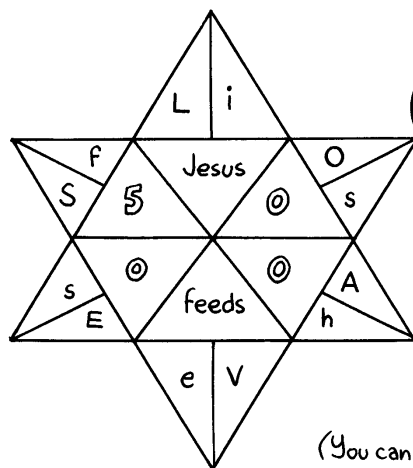
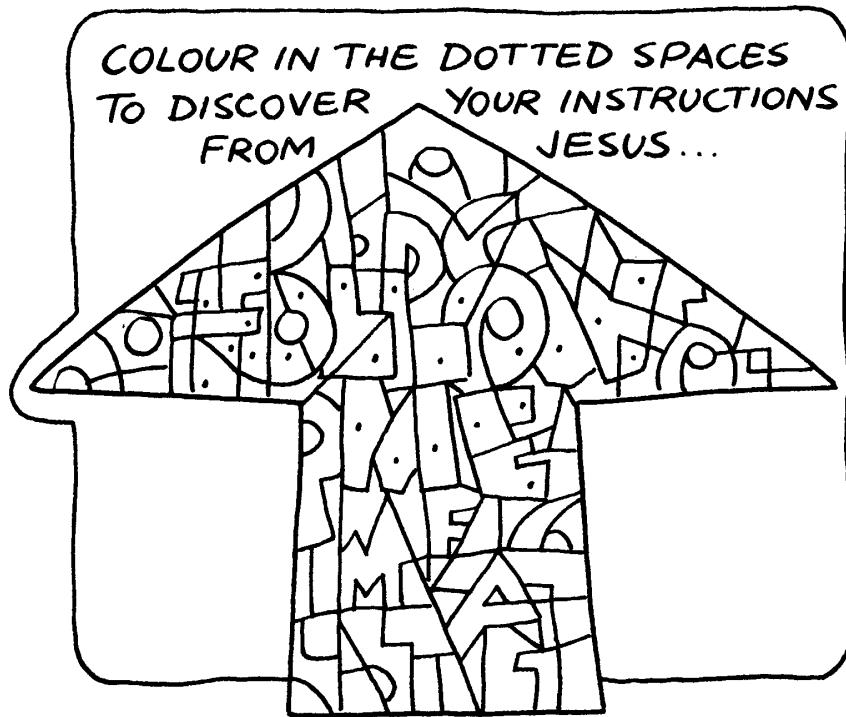
Small amount of grated chocolate, optional

#### Method

1. Chill the evaporated milk in the fridge for an hour or more.
2. Break up the jelly and put into a bowl, pour over the boiling water, stir to dissolve.
3. Drain the juice from the mandarin oranges and chop half of the fruit, add the juice and chopped fruit to the jelly.
4. Leave in a cool place until it is on the point of setting.
5. Whisk the evaporated milk then whisk it into the jelly.
6. When evenly blended, pour into a deep soufflé dish or mould.
7. Put in the fridge to set.
8. Decorate with the rest of the mandarin segments.
9. Grate chocolate in centre of mandarin segments if wanted.

Ann Vickery

## .FOR OUR YOUNGER READERS



**COLOUR** the star:

- RED** All the letters of 'LOAVES'
- GREEN** All the letters of 'fishes'
- YELLOW** All the numbers of 5000
- BLUE** The words 'Jesus' and 'feeds'

(You can find the whole story in Matthew 14: 13-22)



## **Penge Community Pre-School**

**Leader: Chloe Edgington**

**Anerley Methodist Church**

**Deputy Leader: Sue Charlesworth**

**Oakfield Road**

**SENCO: Dawn McConochie**

**Anerley SE20 8QA**

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### REGULAR CHURCH USERS

<b>Amaze Penge</b> Tuesday 10-12 noon, term time	Tel. 07882 760 828
<b>British Theatre Academy</b> Thursday 5pm to 8pm	Tel. 07805 222 303
<b>Campbell School of Dance</b> Friday 4pm to 7pm	Tel. 020 8777 7529
<b>Assembly of God Mission in London</b> (Brazilian Church) Saturday 6-10pm;	Tel. 07429 263 407
<b>Harlequins Theatre School</b> Monday 4.00-6.30pm	Tel. 07773 066 645
<b>Hill Dance Academy</b> Tues. 4.30—8.30pm; Sat. 11am—3pm	Tel. 07772 199 103
<b>Jumoke Holiday Club</b> School Holidays Monday to Friday 8am - 6pm;	Tel. 020 8656 8684
<b>Love2Dance</b> Monday 6pm to 7pm	Tel. 07940 233 882
<b>Only Believe Christian Assembly</b> Tues 7.30pm—10.30pm	Tel. 020 8778 0863
<b>Penge Community Pre-School</b> Monday to Friday 9.15am to 4pm	Tel. 020 8289 6771
<b>Salvation &amp; Deliverance Ministry</b> Sunday 2pm to 5.30pm	Tel. 020 8683 3094
<b>Tai Chi</b> - Thursday 8pm - 10pm	Tel. 01424 420 050
<b>Yoga Classes</b> Mons & Weds 7.45pm-9.15pm	Tel. 07940 509 910

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### UNITY OF SELF COUNSELLING SERVICE

**Are you depressed, confused or just would like someone to talk to?**

**I am a qualified counsellor and supervisor offering a confidential service to adults, children and families.**

**CALL ME TO MAKE AN APPOINTMENT ON**

**020 8244 0512 or 07956 351 511**

**Email: [wendy.blenman@ntlworld.com](mailto:wendy.blenman@ntlworld.com)**

**WENDY BLENMAN (Dip. Couns., MSc in therapeutic counselling)**