

# ANERLEY CENTRE ECHO



## LENT 2016

The Newsletter of

### **ANERLEY METHODIST CHURCH**

Oakfield Road

Anerley

London SE20 8QA

USEFUL CONTACTS (as at 01.09.14) All prefix 020

Church (Minister is not available on this number)		8289 6771
Minister	Rev. Imran Malik	8653 4902
Church Council Secretary	Marian Young	8402 6618
Treasurer	Andrew Tredinnick	8658 2347
Property Steward	David Hynes	8289 3524
Property Bookings	David Hynes	8289 3524
Baptismal/Cradle Roll	Sandra Hynes	8289 3524
Junior Church Secretary	Janice Friend	8659 2905
Christian Action Group	Valerie & Andrew Tredinnick	8658 2347
Wednesday Club	Marian Young	8402 6618
Church Library	Valerie Tredinnick	8658 2347
Missions Treasurer	Sandra Hynes	8289 3524
Junior Missionary Association	Dinah Anaman	7274 6294
Action for Children	Valerie Tredinnick	8658 2347
Christian Aid	Julie Taylor	8778 5881
Oxfam	Valerie Tredinnick	8658 2347
Penge Forum	Marian Young	8402 6618

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**ALL CONTRIBUTIONS FOR THE NEXT MAGAZINE  
SHOULD BE GIVEN TO MARIAN YOUNG BY SUNDAY  
13TH MARCH 2016**

**Church website: [www.anerleymethodist.org.uk](http://www.anerleymethodist.org.uk)**

**February/March 2016**

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### **FROM THE MINISTER**

One of my friends put on the Facebook status “people always talk about Easter being early or late... Why is it never on time?”

Yes it is true that there is not a fixed date for Easter but it always comes on Sunday. This year Easter will come early and we will begin our journey towards it on Ash Wednesday the 10<sup>th</sup> of February. This will be the beginning of our Lent season.

At the heart of Christianity is the death and resurrection of Jesus Christ. The Good News of the Gospel is that God through Jesus conquered evil and has reconciled His people to himself through the life, death and resurrection of Jesus Christ.

By believing in his life, death and resurrection we become united with Christ. Those who join themselves to the Lord become one spirit with Him (1Corinthians 6:17). Through the season of Lent we intentionally set aside time to reflect on living out our union with Christ and our identity in him. We reflect on our journey with Christ allowing the Gospel to make its way deeper into our lives.

We take the forty-day period of Lent in preparation and repentance in which we anticipate the death and resurrection of Jesus. In our preparation and repentance we aim to grasp and understand the significance of Jesus’ dying and at the same time giving us deep, meaningful and powerful longing for the resurrection, the joy of Easter.

Lent is a journey in which we put our stories alongside Jesus' stories and perhaps weave them together through meditating on our weakness and looking up to Jesus and his victory over sin and death and claiming it for ourselves. The Journey of Lent offers us an opportunity to immerse ourselves into the Easter story that it might increase our Easter hope.

We can take upon the Easter journey as individuals or as a community to reflect on scripture readings, prayers, reflective questions and meditations. For this season we will be exploring Lent with the help of a film called *The Way*. This will be a communal opportunity reflect on our personal journeys with questions that might help us to deepen our understanding about God's love in Jesus Christ.

Once again allow this Lent to offer you opportunities reflecting on the greatness of a Holy God and experience His presence in our lives. Let's once again weave our story, weave our struggle and weave our weakness into the story of Christ and claim his strength, victory over death and sin as ours and continue to experience the joy of Easter every moment of our lives. Amen.

Every blessing,  
Rev. Imran Malik

### **RETIRING COLLECTIONS DURING FEBRUARY**

Our retiring collections at Communion Services during February will be for the Royal National Institute for the Blind (RNIB). The RNIB helps everyone affected by sight loss, whether, they are losing their sight, blind or partially sighted. They provide emotional support, advice, help with living independently by providing help with technology, ways to continue reading or advice on staying at work. They also campaign to make society a more inclusive place for those with sight problems. Please give generously to this worthwhile charity.

## **ROUND THE FAMILY**

Please remember in your prayers Emmanuel Anaman who is awaiting a knee operation, Comfort Oppong who is still having problems with her eyes, the Rev. John Taylor who is suffering from a severe infection and Sarah Hynes, daughter-in-law of Dave and Sandra, who is having further scans and tests..

Our services over the Christmas period were very enjoyable and well attended. At the beginning of Advent we hosted a Circuit Christingle service at which we welcomed visitors from all the churches across the Circuit. Our Gift Service was arranged by the Junior Church and they all participated in presenting stories, songs and poems centred on the Christmas story. Our Carol Service, led by Valerie Tredinnick, followed the tradition of readings and carols involving a number of the congregation.

The Church received Christmas and New Year greetings from the Rev. Graham Cocking, the Rev. Philip and Laurel Luscombe, Rev. Judy and Alan Turner-Smith, Ronnie Butler, Abraham Doku, Muriel French, Joan Loring, Glenys Thompson, Aaron, Namisha, Anaiah and Neave Yusuf, Tim and Crystal Yusuf, Dawn and Sarah from Pre-School, Dawn Watts, Forest Hill Methodist Church, and Wesley Hall Methodist Church.

The Rev. Graham Cocking also let us know that, following Jenny's death in June, donations in her memory totalling £2,750 were sent to the Mission Aviation Fellowship; he thanks everyone for their love and support.

Marian

**WOMEN'S WORLD DAY OF PRAYER**  
**FRIDAY 4th MARCH 2016**

A Service prepared by Christian Women of  
Cuba

“Receive children, receive me”

This year the service in our area will take place at  
Penge Salvation Army Citadel, Maple Road  
**at 7.30pm**

The service is not only for women. Men are also welcome  
to attend!

**OXFAM – REFLECTION ON 2015**

Over the past 12 months OXFAM has been involved in a number of projects world-wide.

In February last year we read about Liz Crew whose farm had been devastated by the floods on the Somerset Levels. It made her think about how more vulnerable communities cope when they experience flooding. She visited OXFAM's camellones project in **Bolivia** and saw for herself how the farmers there were reviving an idea thousands of years old so they could keep growing food through the floods.

Thanks to OXFAM communities in flood prone areas of **Bangladesh**, women are learning new skills in chilli farming, joining forces and saving enough money to see them through the worst of the flooding.

Come April we heard how OXFAM, following the tsunami in 2004, were able to stay and help for three years to rebuild a village in **Indonesia**.

As we moved into May we read how OXFAM supplied 20,000 people in Rubaya, **Democratic Republic of Congo** with clean water.

By June OXFAM was heavily involved with people caught up in the Ebola

outbreak and the figures for the numbers of people they were able to help are staggering – 650,000 in **Sierra Leone**, 445,000 in **Liberia** and 33,000 in **Mali**, and a further 15,000 people received preventative work in **Guinea Bissau, Gambia & Senegal**.

In **Zambia**, Irene's mother had been killed by a crocodile while collecting water for her land from the Zambesi river. Six years ago OXFAM asked Irene and her fellow farmers what support they would like. They chose a hydro-powered water pump to carry water away from the river and a solar-powered electric fence to protect crops from animals.

As the year moved on so did the work of OXFAM. **Nepal** was hit by the biggest earthquake in its history leaving three million people homeless. OXFAM already had equipment in warehouses in Kathmandu and India which helped to provide clean water and build toilets. By the end of June OXFAM had helped more than 400,000 people. The work had been on-going.

The year was drawing to a close and we read how OXFAM was helping those who have been forced to leave their homes because of the crises in the Middle East. In **Jordan** OXFAM had helped over 49,000 people by providing drinking water, toilets and showers, community centres, hygiene promotion activities and waste collection.

In **Lebanon** OXFAM managed to reach almost 385,000 people focussing on providing water, hygiene and sanitation to prevent the spread of disease.

OXFAM completed a water treatment plant in Salamiyah City, **Syria** providing water for 35,000 people where previously piped water was only available every ten days.

This is the tip of the ice-berg of OXFAM's work throughout the world and much of it is for the need for fresh water and how to access it. It may follow a disaster or because of the nature of the land in which people live.

At Anerley we already have a small number of pledged givers who donate regularly. If you would like to join this loyal band do have a word with me.

Valerie

## **COOKERY CORNER**

### **Individual Steamed Chocolate Puddings (serves 4)**

#### Ingredients

150 gr.(5 oz) unsalted butter, softened  
175 gr (6oz) light muscovado sugar  
½ teaspn. Nutmeg  
25 gr. (1oz.) plain white flour, sifted  
4 tablespns. sifted cocoa powder  
5 medium eggs, separated  
125 gr. (4 oz.) ground almonds  
50gr. (2oz) white breadcrumbs

To serve Greek yoghurt, chocolate curls

#### Method

1. Preheat oven to 180°F/ 350°C/ Gas mark 4, lightly grease and line the bases of 8 individual 175ml,(6 fl.oz) pudding basins with a small circle of non-stick baking parchment.
2. Cream the butter with 50gr.(2oz) of the sugar and the nutmeg until light and fluffy.
3. Sift flour and cocoa powder together and stir into creamed mixture.
4. Beat in the egg yolks and mix well, fold in ground almonds and breadcrumbs.
5. Whisk the egg whites in a clean grease-free bowl until stiff & standing in peaks, gradually whisk in remaining sugar.
6. Using a metal spoon fold egg whites into chocolate mixture and mix well.

7. Spoon mixture into prepared basins, filling two-thirds full to allow for expansion.
8. Cover each basin with a double layer of tinfoil and tie with string.
9. Stand pudding basins in a roasting tin and pour in sufficient water to come half way up the sides of the basins.
10. Bake in the centre of the pre-heated oven for 30 minutes.
11. Remove from the oven, remove tinfoil, loosen round the edges of the puddings and invert onto warmed plates.
12. Serve immediately with Greek yoghurt and chocolate curls.

Ann Vickery

## **INTROIT**

The introit for the next four months (starting on Sunday 7th February) will be as follows:-

Here am I, Lord,  
I've come to do your will;  
here am I, Lord,  
in your presence I am still.

*Singing the Faith no.552*

*Words © The Northumbria Community CCLI 221943*

## **LENT STUDIES**

The Lent Studies take place on five Mondays from 15th February to Monday 14th March inclusive, at 8pm in the Side Hall. Book the dates—more details later.

## **NEWS FROM CASA RICCI**

Here are some of the most important highlights of 2015 we would like to share with you.

1. In August 2015 we celebrated the 10-year anniversary of the Mianming leprosy centre in Liangshan prefecture, Sichuan province. This is the last of the 5 centres rebuilt by Casa Ricci in the area. More than 15 religious sisters serve in those centres. They take care of the patients and also of the children who attend classes in three schools built together with the leprosy centre. In 2016, we will start one kindergarten in Leibo.
2. This year's Christmas gift: this year the Hongjiang centre made a little wooden fish with the words "solidarity" and "30 years" written on one of its sides. The wooden fish represents the simple and humble beginning of our services in China almost 30 years ago.
3. Celebration of the 30-year anniversary: on November 8th 2017 we will celebrate the 30th anniversary of CRSS. While 2016 will be a year of preparation, 2017 will be a year of celebration and 2018 will be a year of reflection. We will use the topics "solidarity", "co-operation" and "learning" as the focus themes for each year.
4. In January 2015 we started the "red lantern" harm reduction project in Kunming. The aim of this project is to empower the harm reduction work done by communities working with women at risk, building a service network with them. More than 200 women will benefit from this project, which will be expanded forward during 2016.

5. In April 2015 we started the Xu Guang Qi empowerment programme (XGQ). The goal of this programme is to empower Catholic communities in China to start and develop social services among the poor and to build a social service network with them. The programme started by offering social work supervision and training to 10 different Catholic communities mainly from northern China.
6. "Friends of CRSS" in Hong Kong: In 2015 we started the "Friends of CRSS" group in Hong Kong. The goal of this group is to support Casa Ricci in raising funds in Hong Kong through the co-operation with Xu Guang Qi Ltd. The CRSS social budget in 2016 will be close to US\$ 1.8 million.

Please visit our website and Facebook page for more updated news.

(Taken from "Encounter", the newsletter of the Casa Ricci Social Services, a copy of which is on the notice board in the entrance hall. If you would like to contribute to the work of CRSS in Macau, either on a regular basis or as a "one-off", please see Andrew Tredinnick).

## **CONGRATULATIONS**

A team of 6 girls from Love2Dance travelled to Orlando, Florida, in November to compete in the World All Dance Internationals. They were very pleased to win two 1st Place awards and two 3rd Place awards, which was a big achievement for them all after all the hard work that had gone into fundraising and training. Danielle Blenman says she is very proud of all her dancers.

## **THANK YOU from Demelza Hospice Care for Children**

“Dear Mrs Hynes and all at Anerley

“On behalf of the Bromley Friends Group I am writing to thank everyone at Anerley Methodist Church for supporting us both financially and by donating the great variety of so many wonderful craft items collected at your Gift Service, items which you can be assured will be used to improve the quality of life for so many., You are all such loyal supporters and have done so much for the children and families in Demelza’s care: children and families whom you will never know, or will know you, but whose lives have been so touched and improved by your kindness.

“Your donations will be used by the Care Team working with the children, and also by specialist Art Therapists, both of which can have a major impact on lives. The Care Team uses such craft materials to provide fun activities for the children, whereas Art Therapy offers a space for children and families affected by life-limiting and life-threatening conditions to find a way of exploring and expressing their thoughts and feelings through images., Through the use of art materials the Art Therapist can help individuals or groups to gain an understanding of thoughts and feelings that may have been difficult to express verbally. One beauty of Art Therapy is that there is no right or wrong way of expressing yourself: whatever is created will be meaningful to the individual and his or her life. The therapists themselves are all qualified in their area, whereas those receiving the therapy need no particular skills in art whatsoever to benefit from the experience.

“One of the ideas behind Art Therapy is that it can help the individual begin to make changes or start to prepare for what they recognise lies ahead, or begin to come to terms with things that are unchangeable. With that in mind, no thanks I make to you can ever be sufficient for the difference your donations will make to so many, but on behalf of everyone at Demelza may I thank you all again and wish you all an excellent 2016.

“Yours sincerely,  
Kathleen Sands, Bromley Friends of Demelza”



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*Andy*



## **Penge Community Pre-School**

**Leader: Sarah Batchelor**

**Anerley Methodist Church**

**Deputy Leader: Sue Charlesworth**

**Oakfield Road**

**SENCO: Dawn McConochie**

**Anerley SE20 8QA**

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**REGULAR CHURCH USERS**

<b>Amaze Penge</b> Tuesday 10am-12 noon, term time	Tel. 07882 760 828
<b>Brownies</b> —Thursday Evenings	Tel. 07479 940 125
<b>Campbell School of Dance</b> Friday 4pm—7pm	Tel. 020 8777 7529
<b>Community of Faith (Brazilian Church)</b> Weds. 7.30pm to 9.30pm; Saturday 6pm –10pm	Tel. 07429 263 407
<b>Dog Training</b> Monday 7pm - 9pm	Tel. 07939 023 135
<b>JAKAB Fitness &amp; Self Defence:</b> Weds. 8 to 10pm	Tel. 020 83015219
<b>Jumoke After School Club &amp; Jazzy Juniors</b> School Holidays Monday to Friday 9am - 5pm, Term time 4.pm—6pm	Tel. 020 8656 8684
<b>Living Vine Ministry</b> Friday 7pm—9pm & Sunday 8am—10.30am	Tel 0208 249 2352
<b>Love 2 Dance</b> Friday 6.45pm to 8.45pm	Tel. 020 8244 0512
<b>Only Believe Assembly</b> Tues. 7.30 to -9.30pm	Tel.020 8778 0863
<b>Penge Community Pre-School</b> Monday to Friday 9.15am to 4pm	Tel. 020 8289 6771
<b>Salvation &amp; Deliverance Ministry</b> Sunday 2pm to 4.30pm; Tuesday 7pm to 9pm	Tel. 020 8683 3094
<b>Slimming World</b> Tues. 4.30—9pm; Weds. 9am—11.30am	Tel. 07718 342 102
<b>Tai Chi</b> - Thursday 8pm - 10pm	Tel. 01424 420 050

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**service to adults, children and families.**  
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**Email:wendy.blenman@ntlworld.com**

**WENDY BLENMAN (Dip. Couns., MSc in therapeutic counselling)**

## DATES FOR YOUR DIARY

### FEBRUARY

- Thur 2nd Circuit Meeting 7.45pm at Burnt Ash Methodist Church
- Wed 3<sup>rd</sup> Wednesday Club 8pm Beetle Drive
- Thur 4<sup>th</sup> Pastoral Sub-committee 7.30pm at Church
- Mon 8th Christian Action Group 8pm at 163 Clock House Road Speaker: Rev. Imran Malik
- Wed 10<sup>th</sup> No Wednesday Club—Ash Wednesday
- Mon 15th Lent Studies 8pm in the Side Hall
- Wed 17<sup>th</sup> Wednesday Club 8pm Dominoes (change to published programme)
- Thur 18th Church Council 8pm at the Church
- Mon 22nd Lent Studies 8pm in Side Hall
- Wed 24th Wednesday Club 8pm Programme Planning (change to published programme)
- Sun 28th All Age Worship 11am led by the Worship Leaders
- Mon 29th Lent Studies 8pm in the Side Hall

### MARCH

- Wed 2<sup>nd</sup> Wednesday Club 8pm
- Fri 4<sup>th</sup> Women's World Day of Prayer 7.30pm at Penge Salvation Army Citadel, Maple Road
- Sun 6th Mothering Sunday Service 11am
- Mon 7th Lent Studies 8pm in Side Hall
- Tue 8<sup>th</sup> Christian Action Group 8pm at 5 Percy Road, SE25 Speaker: Jean Pogose

- Wed 9<sup>th</sup> Wednesday Club 8pm
- Sun 13<sup>th</sup> MAGAZINE ITEMS TO BE GIVEN TO MARIAN!
- Mon 14th Lent Studies 8pm in the Side Hall
- Wed 16<sup>th</sup> Wednesday Club 8pm
- Sun 20th Palm Sunday Service 11am
- Wed 23<sup>rd</sup> Wednesday Club 8pm
- Thur 24th Maundy Thursday Meal and Communion 7pm at Anerley
- Fri 25th Good Friday Service 9.15am
- Sun 27th Easter Sunday Early Communion 9.15am (followed by breakfast)  
11am Easter All Age Worship
- Wed 30th Wednesday Club 8pm

Morning services are held every Sunday at 11am. Holy Communion is usually celebrated on the 3rd Sunday of the month and All Age Worship usually takes place on the 4th Sunday. However, during March All Age Worship will take place on the 6th (Mothering Sunday) and Easter Day

Evening Services are usually held at the church on the 2nd and 4th Sundays of each month at 6.30pm, and Holy Communion is usually celebrated on the 2nd Sunday.