UNITY OF SELF COUNSELLING SERVICE

Are you depressed, confused or just

would like someone to talk to?

I am a qualified counsellor and supervisor offering a confidential service to adults, children and families.

CALL ME TO MAKE AN APPOINTMENT ON

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WENDY BLENMAN (Dip. Couns., MSc in therapeutic counselling)

ALL CONTRIBUTIONS FOR THE NEXT MAGAZINE SHOULD BE GIVEN TO MARIAN YOUNG BY

SUNDAY 7TH MARCH

Anerley Methodist Church, Oakfield Road, Anerley, London SE20 8QA

ANERLEY CENTRE ECHO



LENT 2010

The Newsletter of

ANERLEY METHODIST CHURCH

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USEFUL CONTACTS (as at 01.01.10) All prefix 020

Church (Minister is not available on this number)		8289 6771	
Minister	Rev. Graham Cocking	8653 4902	
Church Council Secretary	Emmanuel Anaman	7274 6294	
Treasurer	Andrew Tredinnick	8658 2347	
Property Steward	David Hynes	8289 3524	
Property Bookings	David Hynes	8289 3524	
Baptismal/Cradle Roll	Sandra Hynes	8289 3524	
Junior Church Secretary	Janice Friend	8659 2905	
Christian Action Group	Valerie & Andrew Tredinnick	8658 2347	
Wednesday Club	Marian Young	8402 6618	
Church Library	Valerie Tredinnick	8658 2347	
Missions Secretary	Sandra Hynes	8289 3524	
Junior Missionary Association Dinah Anaman 7274 6294			
NCH Action for Children	Valerie Tredinnick	8658 2347	
Christian Aid			
Oxfam	Joan Loring	8659 1658	
Penge Forum	Marian Young	8402 6618	
Penge Community Pre-School (Church) 8289 6771			
Jumoke Holiday Club	Audrey Bobb-Sayers	8656 8684	

EDITOR: Marian Young phone: 020 8402 6618 E-mail m.young23@ntlworld.com

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February/March 2010

Volume 41 Number 5

Penge Community Pre-School

Leader: Sarah Batchelor	A	
Deputy Leader: Sue Charlesworth		
SENCO: Dawn McConochie		

Anerley Methodist Church
h Oakfield Road

Anerley SE20 8QA

Ofsted Inspected Established 30 years

Learning through play for children 3 to 5 years

£7.50 per Morning or Afternoon 9.15am to 12.15am & 1pm to 4pm

Government funding for 3 & 4 year olds

Vacancies

FROM THE MINISTER

Dear Friends,

Sight has been on my mind lately as many of you may know. For those who don't know my sight for the last two months has been not as it should be and therefore I am having treatment to restore it, but back to sight.

How is our sight in Christian terms? How do we see Jesus? In the year to come are we seeing what Christ wants of us? Is it clear or somewhat blurred and confused? Are the colours distinct and clear or are the messages of Christ fusing into one another? Are we wishing we had more foresight to see God's will for us in the future or regretting in hindsight things of 2009?

Surely what we should be looking for in following Christ in 2010 is not foresight, although that might have its advantages, not hindsight, although if we use our lessons from hindsight to benefit our future Christian behaviour that could be valuable, but insight. We need to know more deeply, to understand more clearly about Christ and his will for us as another decade begins.

So how do we do this? We need to take time to meditate, pray, consult our Bibles, and with the guidance of the Holy Spirit see where Christ is leading us. We need to get rid of all that blurs, that discolours the message of Christ, so that there is no fumbling in the darkness but a walking confidently in the light.

As I seek advice and help from those who know to make clear my own sight, let us all be resolute this year in making

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Christ's will not only clear to ourselves but also to others. Let us dwell in the Holy Sprit so that this may happen because he knows what we need.

Paul says 'Now we see in a mirror darkly' 'Now we understand in part'. Let us look forward to rejoicing when we see 'face to face,' when we 'understand fully even as we have been fully understood.' Then we shall really see and know.

Walk into this new decade in His light.

May God richly bless you.

Graham



Song from URC handbook 2009 We cannot tell (tune; Londonderry Air)

We cannot tell how Bethlehem, Christ's birthplace Where bombs explode and deadly missiles fall, May speak to all the leaders of the nations Out of the shadows of a concrete wall. But this we know, that all God's pilgrim people Who live in hope that one day wars will cease, Must join to build a highway through the desert, A road where all may come and go in peace.

We cannot tell how we can end the conflict, Where walls divide and many faiths compete, Or make of Bethlehem, the town of David A House of Bread where open hearts may meet. But this we know, God shepherds all his people, Seeking to guide us with a righteous hand, And call us all to pray and work for justice In Bethlehem and all the Holy Land.

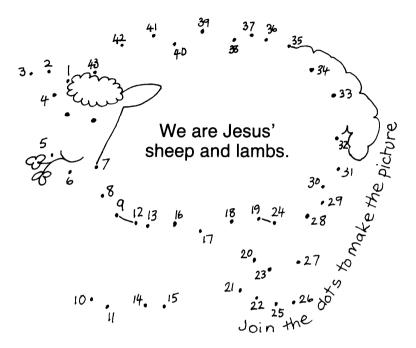
We cannot tell how those who have been wounded By hate and fear passed down throughout the years May hope to reap a harvest of rejoicing From seeds once sown in bitterness or tears. But this we pray, a God of love and mercy, That in your strength and guided by your grace, With all your people, we may find forgiveness, And make this world your holy dwelling place.

Jean Mortimer

(Thank you to David Hynes for drawing my attention to this song. Originally written for the Christmas period, it is thought-provoking at any time.

Marian)

FOR OUR YOUNGER READERS



A little boy started to cry after a large and friendly dog bounded up to him and licked his hands and face.

"What is it?" asked his mother, "Did he bite you?"

"No," sobbed the child, "but he tasted me!"

We were sorry to hear of the death of Ethel Hall at the end of November. Ethel had been connected with our church for many years, worshipping regularly with us until prevented by increasing ill-health and a move to a flat further away, eventually moving to a nursing home. Please remember her family in your prayers.

We were also sorry to hear of the sudden death of Terry Friend's brother at the end of December and our prayers are with Terry and his family at this time.

Our Minister Graham had an eye operation at the beginning of December and at the time of writing is waiting to find out whether it has been successful.

Owing to Graham's indisposition he was unable to take the planned Christmas services and we are grateful to the local preachers who helped out to take his services. Jean Pogose took our Carol and Gift Service and Valerie Tredinnick took our Christmas Day service. The Rev. Pam Clews conducted our Christmas Eve Communion service.

The Church received Christmas greetings from the Rev. Dr. Philip and Laurel Luscombe, Ronnie Butler, Alan and June Coombe, Abraham and Steve Doku, , Muriel French, Chris and Deirdre Metcalfe, Dawn McConochie and Sarah Batchelor, Kathleen and Margaret Seale, Shirley and George Quintrell, the Junior Church, Upper Norwood Methodist Church, Forest Hill Methodist Church and Wesley Hall Methodist Church.

Our best wishes to Dinah, Emmanuel, Vanessa and Richard Anaman and Sylvester, Louise and Imogen Oppong, in their new homes. Both families will probably spend the next few months looking for things they know they packed somewhere....! Marian

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WOMEN'S WORLD DAY OF PRAYER

FRIDAY 5th MARCH 2010

A Service prepared by Christian Women of

Cameroon

This year the service in our area will take place at

Penge Congregational Church at 7.30pm

Speaker: Pam Owen

The service is not only for women. Men are also welcome to attend!



METHODIST TALENTS FESTIVAL

The Talents Festival will be held on Saturday 6th March at Shirley Methodist Church. Several of our Church family have entered Handicraft classes and "live" classes. I hope to have timetables shortly if you want to see what is on when. If you would like a timetable or travel directions to the Church, please see me.

Marian

WHEN I SURVEY...

CHRIST'S CROSS AND OURS

A Lent Course in five parts

Prepared by

Revd. Dr. John Pridmore

Anerley Methodist Church

Thursday 25th Feb	Darkness at Noon
Thursday 4th March	Into Great Silence
Thursday 11th March	The Child on the Cross
Thursday 18th March*	Outside a City Wall
Thursday 25th March	Touching the Rock

All sessions are from 8.00pm to 9.30pm (* 8.30-10pm)

Including Light Refreshments

A Handbook is available at £3 from Valerie

We look forward to seeing YOU

COOKERY CORNER

Farmhouse Fruit Cake

Ingredients

100g (4oz) flour	100g (4oz) butter
Pinch of salt	225g (8oz) mixed dried fruit
150g (5oz) wholemeal flour	50g (2oz) glacé cherries
2 teaspoons baking powder	50g (2oz) mixed peel
1 teaspoon mixed spice	2 eggs
1/2 teaspoon ground cinnamon	2 tablespoons marmalade
100gr (4oz) soft brown sugar	

<u>Method</u>

1 Sift the plain flour into a mixing bowl, stir in the wholemeal flour, baking powder, mixed spice, salt, cinnamon and sugar.

2. Rub in the butter, stir in the remaining ingredients & mix well.

3. If the mixture seems stiff then stir in a little milk.

4. Spoon into an 8 inch round baking tin lined with greaseproof paper.

5. Bake in a warm oven 160° C, 325° F or gas mark 3 for $1\frac{1}{2}$ hours

6. Remove from oven, cool on a wire rack and store in an airtight tin.

Ann Vickery

This recipe can be halved for a smaller cake.

Action for Children - Carol Singing

Our thanks to everyone who braved the elements to come carolling on Wednesday 18th December. It was cold and wet, but we were fully revived afterwards with hot soup and seasonal fare provided by Janice and Terry, for which we were sincerely grateful.

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We had hoped that the weather would improve for Monday 21st December, but during the afternoon it snowed, leaving the roads treacherous and seriously delaying some of our regular singers getting home from work. Regrettably, we had to cancel singing that night.

As a result our curtailed efforts only managed to raise £64 -94.

There will, however, be another opportunity to support **Action for Children.** We hope to rearrange a new date for the **Snowflake Social** (which had to be postponed because of the ice and snow in January). Details will be announced in the Church Notices.

Christmas Post Boxes

Well done to those who gave so generously to **St. Christopher's Hospice.** Last year (after paying out the postage on the Country Box items) we forwarded £64-75, but this Christmas net receipts soared to **£101-44**.

Andrew T.

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COVENANT SERVICE

In Graham's absence our Covenant Service was led by the Rev. Alan Ogier, the Superintendent of Methodist Prison Chaplains in England and Wales, and we are grateful to Alan for agreeing to take this special service for us, a serious and moving occasion.

The retiring collection was for the Haiti Earthquake Appeal; thank you to everyone who contributed to the sum of £74.91p which was raised.



Do you have any Jigsaw Puzzles you no longer want?

Puzzles of 500, 750 and 1,000 pieces would be welcomed by those who are housebound.

If you are willing for someone to borrow a Puzzle, Valerie would be pleased to receive it, and see that it is returned to you.

If you do not want it back, after it has been completed, she will pass it on to a Charity Shop.

Our <u>Retiring Collections</u> at Communion Services during February will be for the Camphill Community. **Details of the** charity, **taken from their website, are below**

CAMPHILL COMMUNITIES in England and Wales offer opportunities for people with learning disabilities, mental health problems and other special needs to live, learn and work with others of all abilities in an atmosphere of mutual care and respect.

Our 23 communities in England and Wales include independent residential and day schools, specialist colleges of further education and adult communities where each individual's abilities and qualities are recognised and nurtured as the foundation for a fulfilling life.

Each community is different. Some are large; some are small. Some are in towns and cities; some are in quiet rural areas; some are on the urban fringe where town meets country. Some are independent charities; some are part of larger charities.

All are caring, life-sharing communities, where the contribution made to community life by each person is valued. Everyone is appreciated for who they are, for their unique personality and the special qualities they bring to community life.

The Camphill philosophy is that no matter what anyone's outward disability may appear to be, the spirit - the essential core that makes us all human - always remains whole. So everyone is deserving of equal respect and opportunities in life so that all may be able to fulfil their potential.

Artistic and cultural themes run through the daily lives of all our communities where life is based on Christian values and inspired by the philosophy of Rudolf Steiner