

UNITY OF SELF COUNSELLING SERVICE

Are you depressed, confused or just
would like someone to talk to?

I am a qualified counsellor and supervisor offering a confidential service to adults, children and families.

CALL ME TO MAKE AN APPOINTMENT ON

020 8244 0512 or 07956 351 511

Email:wendy.blenman@ntlworld.com

WENDY BLENMAN (Dip. Couns., MSc in therapeutic counselling)

ALL CONTRIBUTIONS FOR THE NEXT
MAGAZINE SHOULD BE GIVEN TO MARIAN
YOUNG BY

SUNDAY 14TH NOVEMBER

Anerley Methodist Church, Oakfield Road, Anerley,
London SE20 8QA
Web site:www.anerleymethodist.org

**ANERLEY CENTRE
ECHO**



AUTUMN 2010

**The Newsletter of
ANERLEY METHODIST CHURCH**

USEFUL CONTACTS (as at 21.09.09) All prefix 020

Church (Minister is not available on this number)		8289 6771
Minister	Rev. Graham Cocking	8653 4902
Church Council Secretary	Emmanuel Anaman	7274 6294
Treasurer	Andrew Tredinnick	8658 2347
Property Steward	David Hynes	8289 3524
Property Bookings	David Hynes	8289 3524
Baptismal/Cradle Roll	Sandra Hynes	8289 3524
Junior Church Secretary	Janice Friend	8659 2905
Christian Action Group	Valerie & Andrew Tredinnick	8658 2347
Wednesday Club	Marian Young	8402 6618
Church Library	Valerie Tredinnick	8658 2347
Missions Secretary	Sandra Hynes	8289 3524
Junior Missionary Association	Dinah Anaman	7274 6294
NCH Action for Children	Valerie Tredinnick	8658 2347
Christian Aid		
Oxfam	Joan Loring	8659 1658
Penge Forum	Marian Young	8402 6618
Penge Community Pre-School (Church)		8289 6771
Jumoke Holiday Club	Audrey Bobb	8656 8684

EDITOR: Marian Young phone: 020 8402 6618 E-mail
m.young23@ntlworld.com



METHODIST
Crystal clear insurance

Protect your home and contents with us and raise money for your church or charity



Insure your home and contents with Methodist Insurance and we'll give **20% of the first year's premium (or minimum £20, whichever is the greater amount) to your church or your chosen charity.**

We make **generous grants** out of profits to the **Methodist Church** to help sustain its work and witness. In fact, over the last 130 years we have been able to provide grants totalling over **£10 million.**

For a leaflet about the **Methodist Insurance Church and Charity Donation Scheme** call on **0845 7697531** or email us at enquiries@micmail.com









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Penge Community Pre-School

Leader: Sarah Batchelor Anerley Methodist Church
 Deputy Leader: Sue Charlesworth Oakfield Road
 SENCO: Dawn McConochie Anerley SE20 8QA

Ofsted Inspected

Established 30 years

Learning through play

for children 3 to 5 years

£7.50 per Morning or Afternoon

9.15am to 12.15pm & 1pm to 4pm

Government funding for 3 & 4 year olds

Vacancies

OCTOBER/NOVEMBER 2010

Volume 42 Number 3

LETTER FROM THE MINISTER

Dear Friends,

It seems amazing that Autumn is approaching, that the year is almost in its final quarter, that the growth of Spring and the fruitfulness of summer is about to disappear. Yet as it disappears the next phase begins, a phase of vibrant colours but also a phase of impending loss as nature shuts down or hibernates, preparing itself for the hardship of winter.

The fields are being harvested here, much produce will soon be on our tables. There is much to give thanks for. The Autumn and winter may be harsher than some years particularly in economic terms as the spending review effects are felt but in reality as we compare with others there is food, we have on the whole a sufficiency whereas places like Pakistan are in the middle of horrendous living conditions with some areas still flooded, harvests decimated and food, if it can be found, at a premium.

So what is the point of this rambling and what has it got to do with harvest. Harvest is about giving thanks. So let us turn from consideration of the worst, of that which dampens the spirit, of that which depresses, rather let us concentrate on our blessings and the sharing of our blessings with others.

Yes it is going to be tough but we are alive. We have a place to live, food to eat, friends to share our lives with. We have the love of family in most cases and the love of community. The seed that God planted at our birth has grown into what we are and in some ways will influence where we are going. Yes there will be a tightening of belts but aren't we lucky that we have belts to tighten.

Some may argue this point by concentrating on all that will be lost and the difficulties of some will be mega difficulties for others but we live in a country that seeks for equality, that has religious tolerance, freedom of speech and many other pluses that others do not have. Think on these. And as we think let us not only give thanks but act on what we think.

Harvest is not only about giving thanks but also about sharing. God has provided much for us that we have harnessed, and with much work helped in its growth and development. Let us remember that which has been given to us is within our stewardship to be used wisely. So as we celebrate a good harvest let us be mindful of those who because of their circumstances, that are weighing them down, cannot celebrate with thanksgiving and need a helping hand. Let us help them to come to a positive frame of mind by giving them hope for the future. Our assistance may be by sharing our talents, our money, our prayers, whatever is needed.

Leading a Christian life is living a life with responsibility at its core, a responsibility that centres on love and caring for others. Even at these difficult times, as we give thanks as we recognise our blessings, let us seek to bring hope to people so that they may be able to appreciate their blessings and give thanks too.

Let the harvest this year be a harvest of renewed hope for many as they recognise the hope that Jesus can bring. Autumn is a preparation time for the hibernation in winter. Let that preparation be such that the hope of Jesus will take all of us through the winter to the promised land in Jesus.

God bless.

Graham

OUTREACH TO THE HOMELESS

Outreach to the Homeless are a local voluntary group who supply items of clothing and essential toiletries to local homeless people and those sleeping on the streets of London. They are replenishing their stocks in preparation for the coming winter and have asked whether any of our congregation have surplus items they wish to dispose of, or would like to donate toiletries etc.

They need men's clothing and useful items as listed below:-

T shirts	jeans	shoes	trainers
Hankies	scarves	gloves	hats
Underwear	holdalls	coats	flannels
Towels	soap	disposable razors	plasters
Toilet bags	Blankets	empty ice cream tubs	

If you wish to donate any items, please give them to me and I will pass them on to the organisers. There is also a list on the notice board in the entrance hall, to remind you of what is needed.

Marian



Thank You

Methodist Homes Sunday Envelope Collection 2010.

£350 was collected by the four churches in the circuit

This money will help enormously in enhancing the services provided by MHA.

Thank you on behalf of MHA, for your generous support.

Sandra Clifton

MHA Circuit Representative

“We are pilgrims on a journey,
Fellow travellers on the road;
We are here to help each other
Walk the mile and bear the load”.

MHA working to improve the quality of life for older people,
inspired by Christian concern.



ROUND THE FAMILY

We were sorry to hear of the death of Charles Chamundorwa's mother at the end of August following a long illness. Please remember Charles and his family in your prayers at this time.

On a brighter note, we were pleased to hear of the birth of John Isaac to Alphonsine and Thomas Tchine at the beginning of August, a baby brother for big sisters Grace and Olivia, and we send our love and best wishes to the family.

We also send our congratulations to Sandra and David Hynes, who celebrated their Ruby Wedding in September.

Marian

BENEVOLENT FUND

The Benevolent Fund Charities for the next 12 months are as follows:

Local – Thalassaemia and Sickle Cell Society (November)

National – Crisis for Christmas (February)

International – Leprosy Mission (June)

Methodist – Queen Victoria's Seaman's Rest (Seaman's Mission of the Methodist Church) (August)

INTROIT

The Introit for the next 4 months will be as follows:-

Jesus is King and we will extol Him,
Give Him the glory and honour His name.
He reigns on high, enthroned in the heavens,
Word of the Father, exalted for us.

We come to Him, our Priest and Apostle,
Clothed in His glory and bearing His name,
Laying our lives with gladness before Him;
Filled with His Spirit we worship the King.

*Wendy Churchill
Songs of Fellowship no 289
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PARTICIPATION IN SERVICES

Several members of our congregation already take part in our morning services by reading the Bible, taking up the offering, or taking part in dramatic readings and sketches. Other ways which you can participate could be by leading prayers, playing a musical instrument, singing... If you are interested in taking part in any way please let Anita, Comfort or Marian know, so that we can compile lists of people's interests. We can then let preachers know what resources we have available, so that they can take this into account when planning their services.

If you would like to take part in a service but would like advice on reading or speaking in church and using the sound system, let us know and we can arrange this

COOKERY CORNER

LEMON DRIZZLE CAKE

Ingredients

100gr (4oz) soft margarine	3 Tablespoons milk
175gr (6oz) caster sugar	zest of 1 lemon
175gr (6oz) self-raising flour	<u>Crunchy Topping</u>
1 teaspoon baking powder	juice of one lemon
2 large eggs	100gr (4oz) caster sugar

Method

1. Pre-heat oven to 180°C, 350°F or Gas Mark 4
2. Line and grease a 7 inch deep round tin.
3. Beat all the cake ingredients together until light, smooth and fluffy.
4. Turn the mixture into the tin and bake for 40 minutes.
5. For the topping, make the sugar and lemon juice into a paste and prick the surface of the hot cake with a fork.
6. Spread the paste over the top and leave it in the cake tin to cool before turning out.

This was a recipe used in Brixham Horticultural Show last year and had become a firm favourite with family and friends who pop in for a cup of tea.

Ann Vickery

LONDON DISTRICT WOMEN'S NETWORK

LONDON DISTRICT DAY

With

Revd. Susan Stevenson

(National Street Pastors)

At

Westminster Central Hall

Storey's Gate

London SW1H 9NH

Saturday 09 October 2010

11:00am—3:30pm

Coffee will be served from 10.30am

Please bring a packed lunch—drinks available

A contribution of £3 is requested

Hosts: London District Sector 'B'

SONGS OF PRAISE

On the evening of Sunday 22nd August our worship took the form of a Songs of Praise.

Valerie had asked members of the congregation in advance if they would like a song or hymn sung on that night and sixteen people, both children and adults, responded and from that she compiled a programme.

We sang a great variety of hymns or songs and people were asked if they would like to say a few words as to why they had chosen the particular one that they had requested. On one occasion an impromptu choir of children and adults came to the front and sang a hymn with which some of us were unfamiliar and then we all joined in and sang it together; this added to the informality of the evening.

After refreshments a few words were said about Christian Aid and a collection taken up, as the point of the evening was to support that charity.

In all, sixteen songs and hymns were sung and a great evening of fellowship and friendship was had by all.

Thanks must go to Valerie who organised the event, to Marian and Peter who shared the playing of the hymns and songs between them and to Janice who organised the refreshments.

Joan Loring

UPGRADING YOUR MOBILE PHONE?

Send your old mobile phones to **Shelter** for recycling. 70% of its value can go to support **Shelter's** vital work with homeless and badly housed people across Britain. Ask me for a Freepost envelope in which to return your handset.

Andrew T

TALENTS FESTIVAL

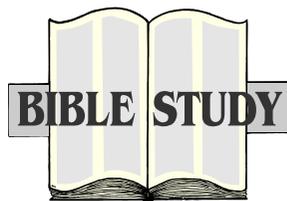
The next Methodist Talents Festival will take place on Saturday 5th March 2011 at Shirley Methodist Church.

However, NOW is the time to think about which classes you would like to enter. There are a variety of classes to suit everyone, from "live" classes such as singing, Bible reading or playing an instrument, to handicrafts and photography. No one is too young or too old to enter!

A copy of the syllabus will be placed on the notice board, together with a list on which you can enter your name and the classes you wish to enter. There will also be a few spare copies of the syllabus at the back of the Church if you want to take one away and think about what you can do.

Ideally I would like names before Christmas but certainly NO LATER THAN Sunday 2nd January 2011. I shall need finished handicraft entries by Sunday 16th January 2011, so you have 3 months to finish that knitting!

Marian



The next series of Bible Studies are on the Book of Ruth. The studies will take place over 8 Mondays in October and November, starting on Monday October 4th and finishing on Monday November 23rd. For further details please see Valerie Tredinnick.

INTERNATIONAL BIBLE READING ASSOCIATION

Annual volumes of day-by-day Bible Reading Notes in the popular page-a-day layout are available for 2011 as follows:

Light for our Path

This is the more contemplative series of notes for use perhaps in a daily personal prayer time. Since it prints the key verse of the biblical text, *Light for our Path* can be used with no Bible to hand, say on the journey to work. Writers from all over the world help you to meditate on the Word of God and see its relevance in your own life. Each week there are questions for group discussion and personal thought. Every day there is a short prayer in addition to the commentary.

Words for Today 2011

This volume is intended to provoke and stimulate the reader. It tests the reading of the Bible with the many challenges of modern life. What is God saying to guide us in what we have to do today? It presents writers from many backgrounds and traditions, challenging readers to act in the light of the readings. Each week there are points raised for reflection and for action.

If you would like to place an order please see me by Sunday 31st October. Prices for either book are £8.50 each, with a 10% reduction if we order a total of more than 6 copies. I have some sample copies which cover 2 weeks - one week from each book - if you would like to "try before you buy". Please see me if you would like to see one.



Marian Young